



Heartland of America Chapter

-- **We Never Stop Serving** --
-- **We Are One Powerful Voice** --
--- **for Every Officer at Every Stage of Life and Career** ---

***** **December 2019** *****



*Our ROTC Cadet and Midshipman guests at our
November 20th dinner*

**The popular Barbershop singers, Sarpy Serenaders,
will perform at 6:30pm, December 11th.
Please **come early** for check-in and seating.**

(see inside back cover for details)

Check out our website at

www.heartlandMOAA.us

or call (402)339-7888

The Bulletin Board

Is the Newsletter of the Heartland of America Chapter of the Military Officers Association of America. Content is from members, MOAA's [Take Action](#), [Legislative Action Center](#), and other military-oriented sources. Material used is public domain or attributed as to source and copyright. Our editorial policy is the same [non-partisan policy as MOAA](#).

Lt Colonel Patrick L. Jones, USAF(Ret) Editor & Webmaster - (402)650-4457

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PRESIDENT'S REPORT



We lost one of our long-time Chapter members as Gordon Pahre passed away on November 5th. He and his wife Leslie were regular attendees at our meetings. Gordon was the oldest West Point graduate in the area and was a long-time flight instructor. The funeral was held on November 9th with several Chapter members in attendance. We offer our condolences to Leslie, a wonderful caretaker.

Several of us were involved with Veterans Day activities. Gen Cohen, Pat Jones, Mike DeBolt, and Terri Lehigh participated in the November 7th ceremony at Memorial Park; Dick and Lorretta Doolittle and I attended the November 7th LaVista Veterans Salute; We participated in the Bellevue Veterans Parade on Saturday, November 9th in a truck with Heartland Chapter signs on it; Pat Jones participated in the Papillion American Legion's Veteran's Day ceremonies on the 11th.

Our November dinner meeting was our annual salute to the five ROTC units in our Chapter's area: Army, Air Force, and Navy units at University of Nebraska Lincoln, the Air Force unit at the University of Nebraska Omaha, and the Army unit at Creighton University. Lt CMDR Brook Stafford USN (Ret), our ROTC Chairman, introduced the ROTC commanders who, in turn, introduced their cadets/midshipmen who discussed the impact of ROTC had on them. The UNL Air Force ROTC Detachment Commander had a schedule conflict so three of his cadets attended our event. Showing solid teamwork, they were introduced by the UNO Air Force Detachment Commander, Lt Col Ryan Bird. All of



them were very proud to be part of ROTC and have benefited from their JROTC experiences.

Some of the cadets have already received their active duty assignments while others are anxiously waiting. One Air Force cadet already possesses his pilot and instrument licenses will attend pilot training at Shepherd AFB. Another Air Force cadet will be entering the missile operations field and she will be trained at Vandenberg AFB. An Army cadet who had been an Air Force security specialist will be heading to helicopter training at Fort Rucker. Upon completion, he will return to the Nebraska Army National Guard.

All eleven of our cadets and midshipmen were very proud of being part of their ROTC programs. Several were initially surprised when they started and, looking back, were more surprised what they learned about themselves and their ability to be a leader. These valuable experiences will continue to benefit our military with enthusiastic and very competent junior officers. One characteristic that stood out was how well-spoken they all were. This meeting is an annual favorite of most members. We thank those who purchased dinners for the cadets and USAA for their financial support of this annual activity.

As I was leaving Anthony's, Chapter members told me that the two midshipmen (MIDN) from UNL had assisted an Anthony's employee who seemed to have had a heart attack. I check with the manager, Emma, and she confirmed the incident. The next morning, I exchanged emails with CMDR Kyle Peitzmeier who had been at our meeting. Kyle spoke with the two MIDN and learned that a restaurant employee asked them where to find an AED (automated external defibrillator). There was one on the wall next to the men's room door and they gave it to the employee. They followed the employee into the kitchen where two off-duty EMTs were giving CPR to the victim. The ambulance soon arrived and the two MIDN departed for Lincoln.

During our meeting, our legislative chair, Col Jeff Mikesell reported that Congress' Continuing Resolution may have adverse impacts on Defense priorities, including construction activities on Offutt AFB.

Our December Board Meeting will be Wednesday, December 4th at The Special at 11:45 am and our dinner meeting will be on Wednesday, December 11th. To accommodate the Sarpy Serenaders, we ask all attendees to be in their seats at 6:30 pm. And a reminder, there will be no January dinner meeting.

Dan Donovan d.donovan1@cox.net 402-339-7888

Programs

Dec – 11 – Christmas & Holiday celebration, election of officers, and Sarpy Serenaders music program (starts at 6:30pm)

January – NO MEETING

A Key Senator Offered Promising Remarks on Widows Tax Repeal

(By: Kevin Lilley in 21 Nov MOAA newsletter update)

A recent statement from a powerful Senate leader indicates Congress may be moving toward repealing the “widows tax,” ending an unjust policy that costs 65,000 military widows and widowers thousands of dollars a year in survivor benefits.

But the brief remarks from Sen. Jim Inhofe (R-Okla.) also show why MOAA members and others who’ve fought to remove this unfair offset for years must continue to pressure their lawmakers to ensure the repeal remains a part of the final National Defense Authorization Act (NDAA), which is now being crafted in bipartisan, bicameral conference negotiations.



Maryjo Smith and Doug Pikop had Midshipmen Lamar and Contreras's attention with "something" on Pikop's cell phone.... hm-m-m-m, wonder what it was?

[TAKE ACTION: [Ask Your Lawmaker to End the Widows Tax and Support Other MOAA-Backed NDAA Provisions](#)]

Inhofe recently told reporters that while he wasn’t clear whether a full NDAA conference report would emerge – part of the reason he introduced a “skinny” NDAA last month that would not address the repeal or many other defense-related topics – any bill that did come out of the committee likely would include repeal language, as “it’s something that most people are in agreement with, certainly a majority.”

Inhofe’s statement, part of [a Nov. 14 report by The Hill newspaper](#), may be underselling it: A House bill introduced by Rep. Joe Wilson (R-S.C.) has 381 cosponsors, while a Senate bill from Sen. Doug Jones (D-Ala.) has 76 cosponsors. Jones also pushed for a September vote asking fellow senators to support recommending widows tax repeal in the final NDAA; it passed 94-0.

“All of the signs are pointing to passage, but even at this stage, the fight is far from over,” said Col. Dan Merry, USAF (Ret), MOAA’s vice president of Government Relations. “There is no guarantee a full NDAA will emerge from the conference. Despite the overwhelming support inside and outside the halls of Congress, there’s no guarantee it will include repeal. The last thing we can do is relax; MOAA members and others need to drive the point home to their legislators that the time to fix this long-broken benefit is now.”



Marie Bailey and Lidiya Glinka were having a great conversation.... so the photographer asked for a copy of their great smiles.

Inhofe is a cosponsor of Jones’s bill, but in his role as chairman of the Senate Armed Services Committee, he has prevented the bill from reaching the floor for a vote in the past. [A recent commentary by MOAA Board Member Rear Adm. Tom Jurkowsky, USN \(Ret\)](#), published in *The Oklahoman* newspaper encouraged Inhofe to lend his leadership to the effort.

“[L]egislation regarding the widows tax will only survive with Inhofe’s continued and dedicated leadership,” Jurkowsky wrote. “It is up to him to convince his colleagues to fix this problem now.”

Learn more about the tax, also known as the Survivor Benefit Plan-Dependency and Indemnity Compensation (SBP-DIC) offset, in [this MOAA issue paper](#).

Military Draft Might Come Back

(MOAA newsletter update, 21 November)

This article by Todd South originally appeared on Military Times, the nation's largest independent newsroom dedicated to covering the military and veteran community.

WASHINGTON — Over the past five years, retired Army Maj. Gen. Dennis Laich and Col. Larry Wilkerson along with members of the All-Volunteer Force Forum have traversed the country in an effort to address what they see as a looming crisis in the military — dwindling numbers of qualified and interested recruits for a military straining at the seams.

And they’ve got the solution: Bring back the draft.

The pair, along with William Hartung, director of the Arms and Security Project at the Center for International Policy spoke to a crowd of a few dozen attendees in the Capitol Visitor's Center.

Impeachment hearings and other congressional business may have drawn away interested parties, but Wilkerson was not deterred. Each year they hold a daylong forum which lays out in detail how a draft could help close the military-civilian divide, cut recruiting spending and personnel costs and even help engage the citizenry to reduce or eliminate the militarization of foreign policy.



Linda Nelson and these Army ROTC Cadts had a great discussion. I wonder if she gave them a "Navy" view?

But M/Gen Laich threw a kind of curveball at the common narrative that there just are not enough young American's willing and able to serve in the armed forces.

It's the "willing" part that the draft can eliminate, Laich said.

As he broke down the "AVF Arithmetic" for the audience, numbers did reveal themselves.

For example, an estimated 4 million people turn age 18 each year. Of those, the Pentagon estimates about 30 percent can qualify for military service, giving the armed forces 1.2 million men and women to bring on board.

But only 180,000 of those 1.2 million are willing and able, Laich said. That leaves more than 1 million potential recruits on the table.

And the services only need about 150,000 each year to maintain the force, he said.

"Numbers are not the problem," Laich said. "It's about who we access and how we use the law."

Laich authored a book on the subject, "Skin in the Game: Poor Kids and Patriots," and co-founded the forum to tackle the problem.

The retired two-star calls the current volunteer military recruiting, “unfair, inefficient and unsustainable.”

Some of the numbers they present bear that out. The Army, for instance, fell short of recruiting goals even after adjusting its initial mark last year. And this year took on even slower growth towards what officials had called for in recent years.

In fiscal year 2018, the Army sought an ambitious 80,000 new recruits. They dropped that goal to 76,500 but still only came in at 70,000 by the end of the year.



The photographer thought LtCol Ron Bailey and Cadet Alex Fairchild-Flynn might be related.... they look so much alike.

And to meet that, Laich said, the service spent \$429 million in enlistment bonuses.

In Fiscal Year 2019, the nearly 11,000 soldiers in the Army’s recruiting command brought in slightly more than 68,000 new recruits to the active side, spending \$329 million and another \$90 million to add 15,000 soldiers to the reserves.

Alongside that recruiting money, the Army also granted between 10 percent to 12 percent of them some form of waiver either for weight, drug use, criminal records or test scores.

Nearly 2 percent, or close to 1,200 of those active Army recruits, were considered category IV recruits, scoring in the 10th to 31st percentile on test scores. Those recruits, a decade-old RAND study showed, wind up being 20 percent to 30 percent less effective in their jobs than category II and III soldiers, Laich said.

By scratching using the leverage of the draft on the larger numbers, Laich and Wilkerson said that the services would no longer need to court lower-quality recruits, grant as many, if any, waivers and bring a few National Merit scholars and All-American linebackers into the fold.

And to these men and their colleagues, it isn’t a matter of if the draft will return, but when.

That’s because a combination of ever-growing missions for the military and outside pressures on the dollars being spent there will force it, they said.



Creighton Army ROTC Cadets with their former detachment officer, LtCol Sutton who now is at UNL, with our chapter presiden Col Dan Donovan USAF (Ret)

Those missions and challenges will include a rise in humanitarian and disaster relief in the face of increased natural disasters linked to climate change and a national defense policy that seeks to meet peer competitors such as Russia and China.

Meanwhile, badly needed investments in the economy, environment and education competing with defense dollars, the panel said.

“We’re going to need a lot more soldiers and Marines, and probably all

the services, as well,” he said.

That’s in part to competing with peers but more is needed for the military’s long reach to address what some predict to be a massive refugee and resources crisis over the coming decades as climate changes forces rising levels of conflict and displacement.

Wilkerson points to recent Hurricanes Irma, Maria and Harvey, all of which required major efforts from multiple states’ Guard units. The Texas Guard called up all 12,000 of its troops to respond to devastation in Houston.

And the drain on Guard, Reserve and active troops for the response to assist Puerto Rico continues in some forms.

Now, Wilkerson said, imagine if we had such events straining us on the homeland while at the same time needing to deploy a high number of troops to a shooting war abroad.

There wouldn’t be enough troops to do both.

For those reasons, the panel members see a measured way of reinstating the draft as the best option for getting Americans reacquainted with such service that previous generations took as the norm.

“We need to start,” Wilkerson said. “We need to have at least a small bit of conscription.”



Figure 1 Lisa Zuccarello and Sharon Russell enjoyed talking with Cadet Colonel Anne Belfiore the Cadet Vice Wing Commander of the UNL AFROTC Cadet Wing

The suggested method was laid out in Laich’s book and remains his summarized recommendation.

A national no-deferral lottery system for men and women.

If selected, the person would have the option of three choices — serving two years on active duty following basic training and job training; serving in either the Guard or Reserve for six years after the same training but if deployed for one year or more, service obligation would be considered satisfied; if the selected

person wants instead to attend college then they would participate in the Reserve Officer Training Corps and serve a commission. If they fail to gain a commission then they revert to option one or two.

TRICARE Pharmacy Fees Set to Increase in 2020

(By: CAPT Kathy Beasley USN (Ret), MOAA Dir Health Affairs, 27 Sep)

MOAA makes it a priority to prepare our membership well ahead of changes that will impact their earned benefits. In that regard, please consider this an advance notice for your planning purposes.

The cost shares for your medications, if you do not receive them at a DoD military treatment facility (MTF), will increase on Jan. 1. Recall back in the 2017 NDAA, TRICARE’s pharmacy cost shares changed across all medication tiers, and a new fee table was introduced.

Beneficiaries saw their prescription fees start to rise in 2018 and 2019. As we published at the time, these fees will accumulate and continue to rise annually until 2027.

Here are the new FY 2020 fees for all TRICARE pharmacy medication tiers and the year over year annual increases:

These annual average increases continue to be substantial, especially if CPI remains tame and retired pay and social security incomes stay flat.

The bottom line is, TRICARE pharmacy fees and other provider visit cost-shares and premiums for both TRICARE Prime and TRICARE Select, are starting to

**Pharmacy Increases
Phased Increases Over 10 Years**

	Current Rate	FY 2020 Rate	FY 2027 Rate	Annual % Increase 2019-2020
MTF Pharmacy (90-days)	0	0	0	0%
Retail (30-days)				
Generic	\$11	\$13	\$16	18%
Brand	\$28	\$33	\$48	17%
Non-Formulary	\$53	\$60	\$85	13%
Mail Order (90-days)				
Generic	\$7	\$10	\$14	42%
Brand	\$24	\$29	\$44	20%
Non-Formulary	\$53	\$60	\$85	13%

squeeze beneficiaries. MOAA continues to press the DoD to show the results of how much revenue is being generated from beneficiaries and where it is being directed. We maintain any savings should be re-invested into the TRICARE health program, not diverted into other un-specified accounts.

This Law Lowers Interest Rates for Active Duty Servicemembers

(MOAA newsletter update n21 Nov)

This article by Jim Absher first appeared on Military.com, the premier resource for the military and veteran community.

Did you know that you may be able to lower the interest rate you pay on credit card debt to as low as 6%?

This isn't one of those shady websites, deals that require you to pay for "financial counseling" or a debt consolidation loan. It is a program created by the federal government designed specifically to protect active-duty members known as the [Servicemembers Civil Relief Act \(SCRA\)](#).

Besides giving military members protection from foreclosure or from being taken to court while they are serving the country, a provision of the law limits interest on all loans taken out before joining the military to 6%.

To get the interest rate reduction, you just need to notify your credit card or mortgage company that you are in the military. Most large credit card companies even let you do this online. Some of them include:

American Express -- [Apply Here](#)

Bank of America -- [Apply Here](#)

Capital One -- [Apply Here](#)

Chase -- [Apply here](#)

Discover -- [Apply Here](#)

If your credit card company doesn't have an online process to apply for the interest rate reduction, you can simply send it an email or letter requesting the rate reduction.

The Justice Department, which is charged with enforcing the SCRA, says that you should provide the creditor with written notice and a copy of your military orders or letter from your commanding officer. Make sure you include your account number and phone number.

In response, the lender is required to forgive any interest you were charged in error and pay it back to you. For mortgages, interest is capped at 6% during your entire period of military service and for one year after you get out. For all other debts, interest is capped at 6% only while you are on active duty.

Besides credit cards and mortgages, the SCRA reduces interest on vehicle and boat loans, home equity loans and student loans.

Leaving Service? New Transition Assistance Procedures

(Military.com from MOAA Newsletter update 21 Nove)

NOTE: MOAA Premium and Life members are eligible for individualized advice on their transition process, including [career assistance](#), [financial guidance](#), and a variety of other resources. Learn more about joining MOAA [here](#).

Servicemembers will need to begin their official transition plan a year before they intend to leave uniform under changes to the Transition Assistance Program (TAP) that went into effect Oct. 1.

The new rules are designed to “provide ample time for transitioning service members to begin thinking about their transition and begin planning accordingly,” Tamre H. Newton, director of DoD’s Transition to Veterans Program Office (TVPO), said in [a September news release](#) describing the changes. Earlier guidance, which was updated by language in the FY 2019 National Defense Authorization Act, suggested servicemembers should begin the process “as soon as possible” or offered 90-day windows. The new rules mandate a 365-day process, which officially begins with an Individualized Initial Counseling session between the member and a TAP counselor.

[DOWNLOAD: MOAA's [Member-Only Transition Publications](#)]

MOAA’s senior director for Career Transition Services, [Col. Brian Anderson, USAF \(Ret\)](#), applauds the new changes for transitioning servicemembers to begin the process as early as possible. He noted that in discussions with a number of separating and retiring officers, along with their military spouses, it’s clear that many require assistance and guidance about how to organize and prepare for career success following their military service.

Being action-oriented they tend to want to jump right in, Anderson said. However, it is critical to conduct a robust self-assessment before launching into the creation of your self-marketing documents. Determining your priorities such as professional impact, location, work/life balance, family needs and desired compensation level will drive you in a certain direction within the civilian industries and sectors.

Once you have a clear vision of what you would like to do, you can start the action steps of expanding your professional network and develop your self-marketing documents, such as a résumé, cover letters, your [LinkedIn profile](#), and depending on your seniority level, a personal biography to support your network development.

[REGISTER NOW: [MOAA’s November Military Executive Transition seminar](#)]

In addition to required briefs from the VA and the Department of Labor (DOL) on transition issues and benefits, servicemembers will be able to choose from four

two-day transition courses, according to the news release: DOL Employment Track, DOL Vocational Track, DoD Education Track, and the Small Business Administration Entrepreneurship Track. Members can take more than one course, depending on their transition goals.

As with the previous TAP structure, servicemembers must complete a Capstone event at least 90 days before their separation date. This allows commanders to verify the TAP process.

Military.com outlined other program details [in an Oct. 1 post](#). Servicemembers seeking further details should contact their local transition office, per the news release, as updates to [DODTAP.mil](#) to reflect the new guidance were not complete as of Sept. 29.

Keep Your Nebraska State Senator Informed

[Contact your Senator and the Speaker of the Legislature](#) - Nothing Ventured, Nothing Gained... You just might make the difference!

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MOAA's and Heartland Chapter's Missions are the Same

The Military Officers Association of America (MOAA) is a nonprofit, nonpartisan organization, working to support military and their families at every stage of life. It actively petitions Congress on behalf of the military community on issues affecting the career force, the retired community, and veterans of the uniformed services. MOAA offers a wide range of personal and financial services exclusive to MOAA members. Whatever the stage of a career, MOAA membership delivers benefits geared specifically to you – and your family. You become part of the strongest advocate for our military and their families. Those with prior officer service in any of the seven uniformed services can become members. Consider joining today because every voice counts! You will be protecting not only your earned benefits but for all serving today. Our Heartland Chapter also focuses on state and local issues, interfacing with the Legislature and the Governor. We provide a really great environment for camaraderie and mutual support with our meetings, speakers, newsletters, website, and community involvement. We are like family.

As MOAA does, WE NEVER STOP SERVING....

We are One Powerful Voice –

For every officer at every stage of life and career...

Join Us !! You will be glad you did!

Selection of Membership

<p>When you join MOAA, you become part of the strongest advocate for our military's personnel and their families. The stronger our membership is, the stronger our voice becomes. Consider joining today because every voice counts. Three membership levels to meet the needs of all Officers.</p>	 BASIC	 PREMIUM	 LIFE
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Electronic access to several of MOAA's news updates.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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Career transition resources MOAA helps transition efforts by hosting career fairs, resume critiques, training sessions & much more.		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Expert advice on your military pay & benefits MOAA's team of highly trained professionals can help you receive the military benefits you've earned through one-on-one counseling.		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Financial planning and investment advice		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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MOAA Chapters - Take advantage of the opportunity to get involved & meet fellow offices in your community. A PREMIUM or LIFE membership makes it easy.	Dues vary by Chapter. (Heartland Chapter of Ne is \$20 per yr)	New chapter members receive a voucher good for one year of chapter dues.	New chapter members receive a voucher good for two years of chapter dues.
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National Membership Form

The Military Officers Association of America (MOAA) is the country's leading organization protecting the rights of military service-members and their families. Those who belong to MOAA not only lend their voices to a greater cause, but they also gain access to extensive benefits tailored to the needs and lifestyles of military officers and their surviving spouses. MOAA members proudly hail from every branch of the uniformed services. To them, we have made the same promise that they have made to their country: Never Stop Serving.

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For faster service, call (800) 234-MOAA (6622) or visit www.moaa.org/join.

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Age 96-99	\$88
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Local Membership Form



Heartland of America Chapter
Military Officers Association of America
P.O. Box 1756
Bellevue, NE 68005-1756

LOCAL MEMBERSHIP APPLICATION

(Heartland Chapter members must also be a National MOAA Member)

Membership: Initial or Renewal

Annual local dues \$20.00 \$10.00 (new ones after 1 July) Aux. \$5.00

Benefactor Donor: \$50, \$100 or more _____

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National MOAA Membership # _____ Life Member? Yes No

Brief Bio: (entered service: branch: assignment summary: Interesting career anecdotes:

Signature _____ Date _____

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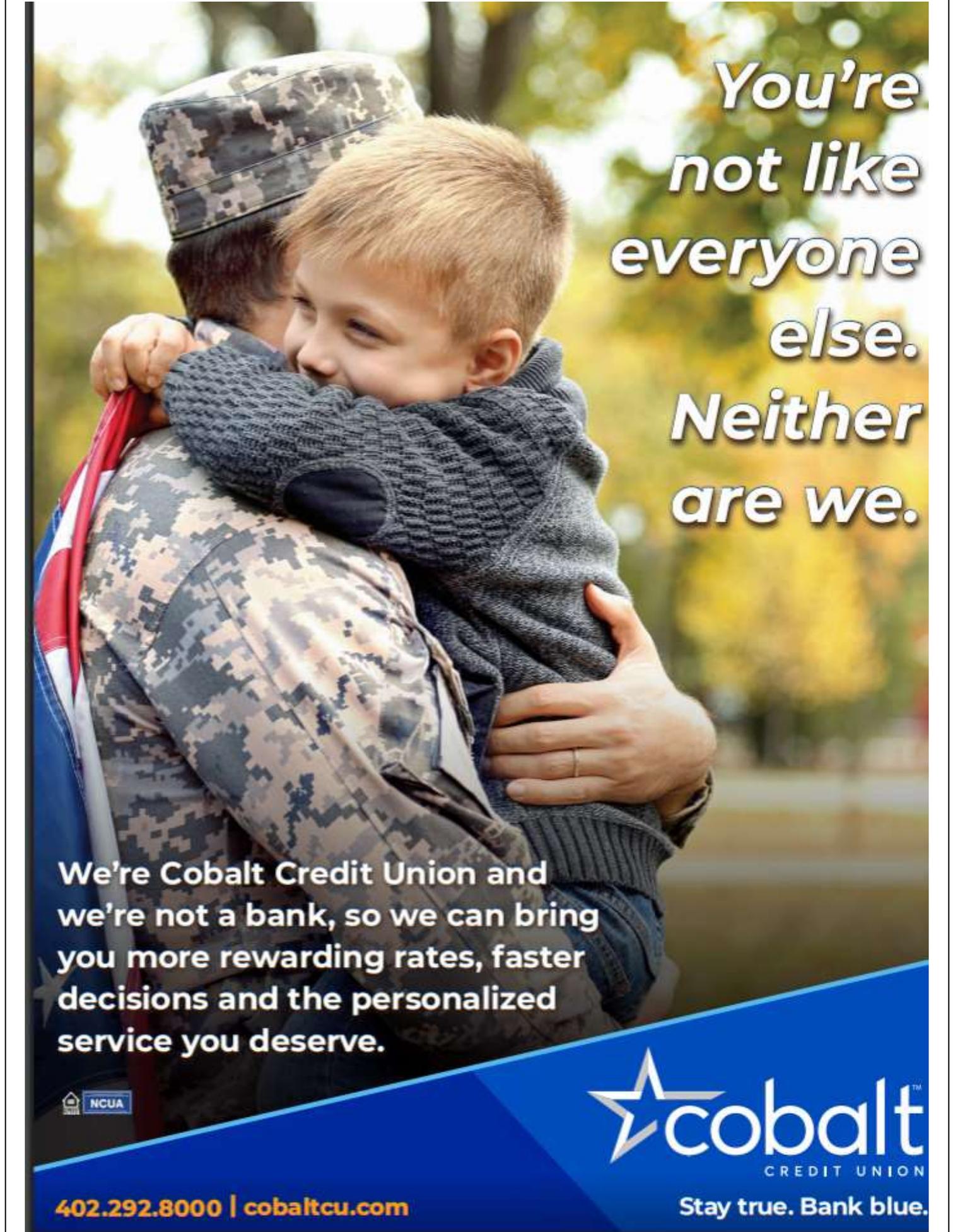
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A photograph of a soldier in a digital camouflage uniform and cap, seen from the side, hugging a young child with light brown hair. The child is wearing a grey sweater and has their arms around the soldier's neck. The background is a soft-focus outdoor setting with trees and a fence.

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May They Not Be Forgotten:

I mean the men and women who have answered the call and paid the ultimate price so that we and future generations could have the freedoms so cherished by human beings. We must ever be vigilant and prepared to defend our way of life against those who would deny it. Callous politicians, power hungry egotists, corrupt individuals, adversarial religions, and even our latest self-oriented generations pose grave threat to the preservation of what many take for granted. Every citizen should take a few moments from time to time and reflect on the benefits we have in our country. They should give thanks to those who have served and preserved our way of life.



Hopefully, they will also pledge to do their part to keep it so. – PLJ

Wandering Mind of An Old Retired Guy



**In the days when an ice cream sundae cost much less,
A 10-year-old boy entered a hotel coffee shop and sat at a table.**

A waitress put a glass of water in front of him.

"How much is an ice cream sundae?" he asked. "Fifty cents," she said.

The little boy pulled his hand out of his pocket and studied the coins in it.

"Well, how much is a plain dish of ice cream?" he inquired.

By now more people were waiting for a table and the Waitress was growing impatient. "Thirty-five cents," she brusquely snapped.

The little boy again counted his coins. "I'll have the plain ice cream," he said.

The waitress brought the ice cream, put the bill on the table and walked away.

The boy finished the ice cream, paid the cashier and left. When the waitress came back, she began to cry as she wiped down the table. There, placed neatly beside the empty dish, were two nickels and five pennies... You see, he couldn't have the sundae, because he had to have enough left to leave her a tip.

**"GOOD FRIENDS ARE THE RARE JEWELS OF LIFE,
DIFFICULT TO FIND AND IMPOSSIBLE TO REPLACE!**

**TODAY IS THE OLDEST YOU'VE EVER BEEN, YET THE YOUNGEST YOU'LL EVER BE,
SO ENJOY THIS DAY WHILE IT LASTS."**

Dinner Reservations for December 11th 2019



Remember the expression, “The more, the merrier”? We ask you to make our meetings better, with your presence. We strive to provide a good meal, a stimulating program, and camaraderie. We’ll do our best to provide the first two, but only you can increase the camaraderie we share. Please attend.

Time: Social Hour – 6PM (**MUSIC PROGRAM STARTS AT 6:30**)

Dining Hour – 7:00PM

Place: Anthony’s Steakhouse

7220 F Street – Omaha

Meal selections are as follows:

**10oz Prime Rib w/Baked Potato and Green Beans Almondine -- \$38.00
(\$41.00 with Vanilla ice cream)**

**Chicken Cordon Bleu w/Rice Pilaf and Fresh Roasted Vegetables -- \$26.50
(\$29.50 with Vanilla ice cream)**

**House Chopped Salad w/Sauteed Shrimp (3) -- \$22.50
(\$25.50 with Vanilla ice cream)**

RSVP: Lt Col Ron & Sharon Russell - Tel: 402-297-4244 - heartlandmoaa@hotmail.com

Please specify names of attendees, meal choices and include a phone number in case we need to contact you.

Reservations should be in by Monday night before the dinner! If you must cancel your reservation, please call Ron at (402) 297-4244 prior to 4:00 pm on the day of the event; otherwise the chapter will be charged if you are a NO-SHOW and we will have to send you a bill for the cost.

New check writing procedures:

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